

APRIL 2025 NEWSLETTER

AGENDA

President's note

Member spotlight

Business Hub

Game Center

PRESIDENT'S NOTE

VOC's Romance Of The First Year

The first anniversary of VOC is being celebrated on 12 Apr 2025. Let's recap our year!



The pulse of Veteran Officers, Wives & Brats was checked out Dec 2023 and found it ticking with excitement to set up a Club. The Team got cracking on formalities of paperwork & obtaining government approvals - done & dusted by Feb 2024. A smart website www.veteranofficersclub.com came up pronto by our ingenious Brats, burning the midnight oil. Signing up for membership was super quick. A Grand Charter Night was held on 13 Apr 2024 at a Surrey Banquet Hall - attendance near 100. A Great Start!

Thanks to our creative team, we have had lively get-togethers of differing flavours: May Merriment at Delta Golf Club, July Jambooree at Semiahmoo Fish & Game Club, Tribal Glamour at Peace Arch Heritage Hall, AGM+Festive Season Luncheon Social at Rotary Field House, New Year Eve Dinner & Dance at Langley Banquet Hall, Republic Day Brunch at Westfield Country Club.

Many thanks to ALL MEMBERS for laying a firm foundation of VOC even as we acknowledge that we have a long way to go in making it a Super Club! Do please be a 'Frequent Visitor' to our website for lots of exciting news.

Wishing members & families wonderful days ahead.

Major General Harwant Krishan President, VOC



MEMBER SPOTLIGHT

Vijayant Haini

S/O Col Surinder Dev Maini EME 5th Regular Course

How was it growing up as an Army

Not much freedom was given to me like today's kids. But it was fun. I went to Dholpur Military School. These were very Military oriented schools as most students went to NDA. Life was tough here. One time we went for 2 days camp in Chambal Ghati where notorius dacoits lived. We had armed security guards but still it was very fearful situation.





A piece of advice for other brats? Work hard here, and great opportunities will come. Enjoy your life you only have one.



From Parade
Grounds to
Boardrooms

It is with a lot of pride we bring to you businesses run by our member you businesses and their families veterans and their families

Rooted in ancient wisdom, Banyan Tree
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Veteran owner: Maj Baljeet Kaur





VOC MEMBERS! ENJOY 15% OFF ALL ONLINE & PRIVATE SESSIONS

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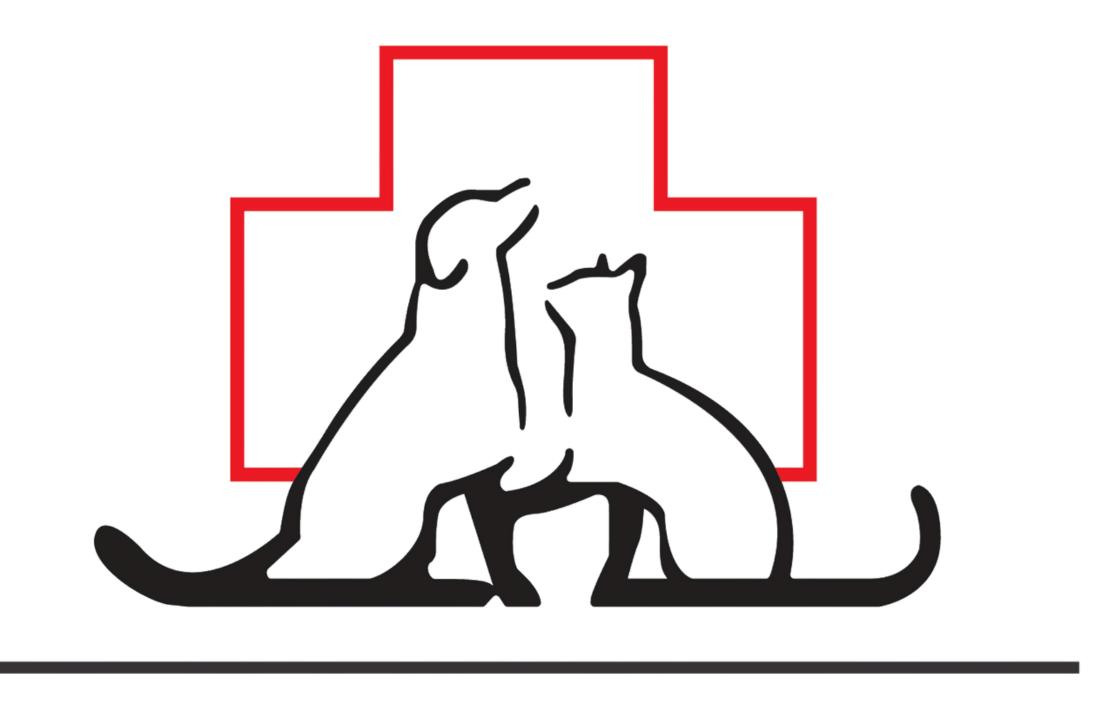
Online Gentle Yoga Slow-paced, relaxing classes designed to promote relaxation, reduce stress, and enhance flexibility.

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Private 1:1 Sessions Personalized guidance available both online and inperson to meet your unique goals.

Corporate Yoga & Chair Yoga Packages Designed to enhance employee well-being, reduce stress, and boost productivity with accessible techniques suited for the workplace.





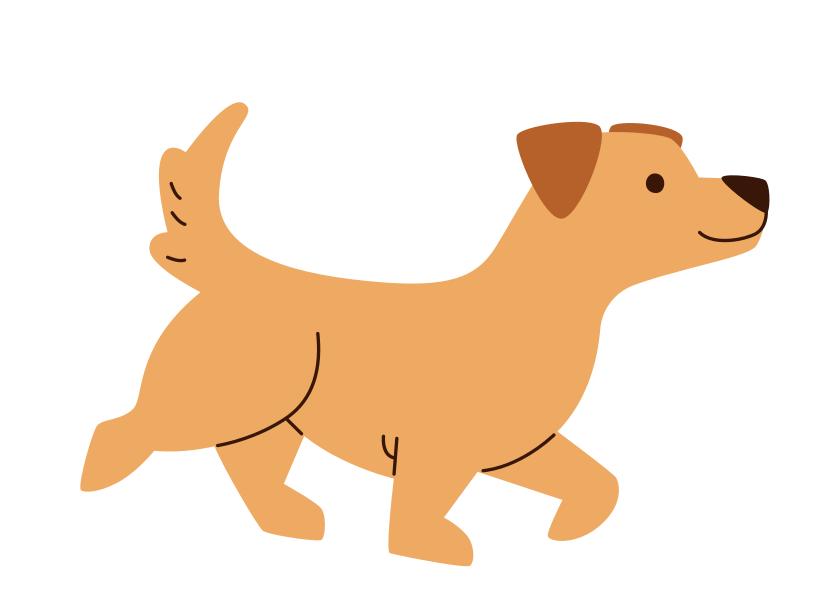
Veteran owner: Lt Col Gill

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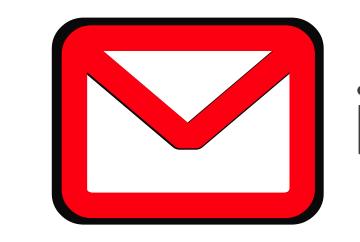




8645 160 St Unit 112, Surrey, BC V4N 1G4



604-547-2227



info@tyneheadanimalhospital.ca

⁶⁶Hi, my name is Ravi Teja and I am a registered Clinical Counsellor RCC #11512 with over 25 years of experience. It's sometimes difficult to take the first step to reach out for help but be assured that once you walk in through the doors of my office, I will create a safe affirming space for healing, growth and connection.



Richmond

I Specialize in

- EMDR, CBT, DBT
- Gottman's couple therapy.
- Somatic psychotherapy
- Mindfulness
- Trauma stabilization
- Mental well being

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https://www.rtcounselling.ca

VOC members get a 20%

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You are still healing, and that's okay.

Somewhere we all are.

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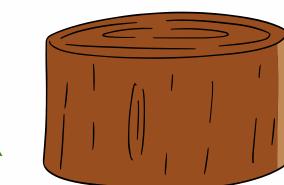


We are a veteran-owned Canadian immigration consultancy committed to guiding individuals, families and businesses through the immigration journey. Founded by professionals with distinguished military service, we understand the unique values and needs of veterans and their loved ones. From study permits to permanent residency, we offer tailored, goal-oriented solutions—delivered with the same discipline, integrity, and commitment that defined our time in uniform. Each service is tailored to our client's unique goals with a clear strategy, transparent communication and top-tier compliance with Canadian immigration laws. Find our more: www.leostarimmigration.ca



Our clients trust us to provide custom residential construction that is budget-friendly and highly customized.

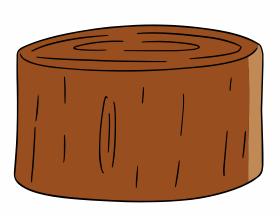
DESIGN BUILD



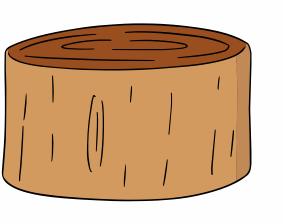
HOME BUILDER



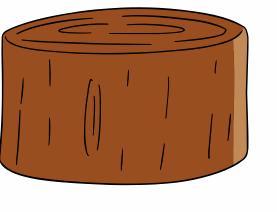
HOME ADDITIONS



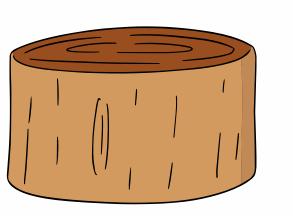
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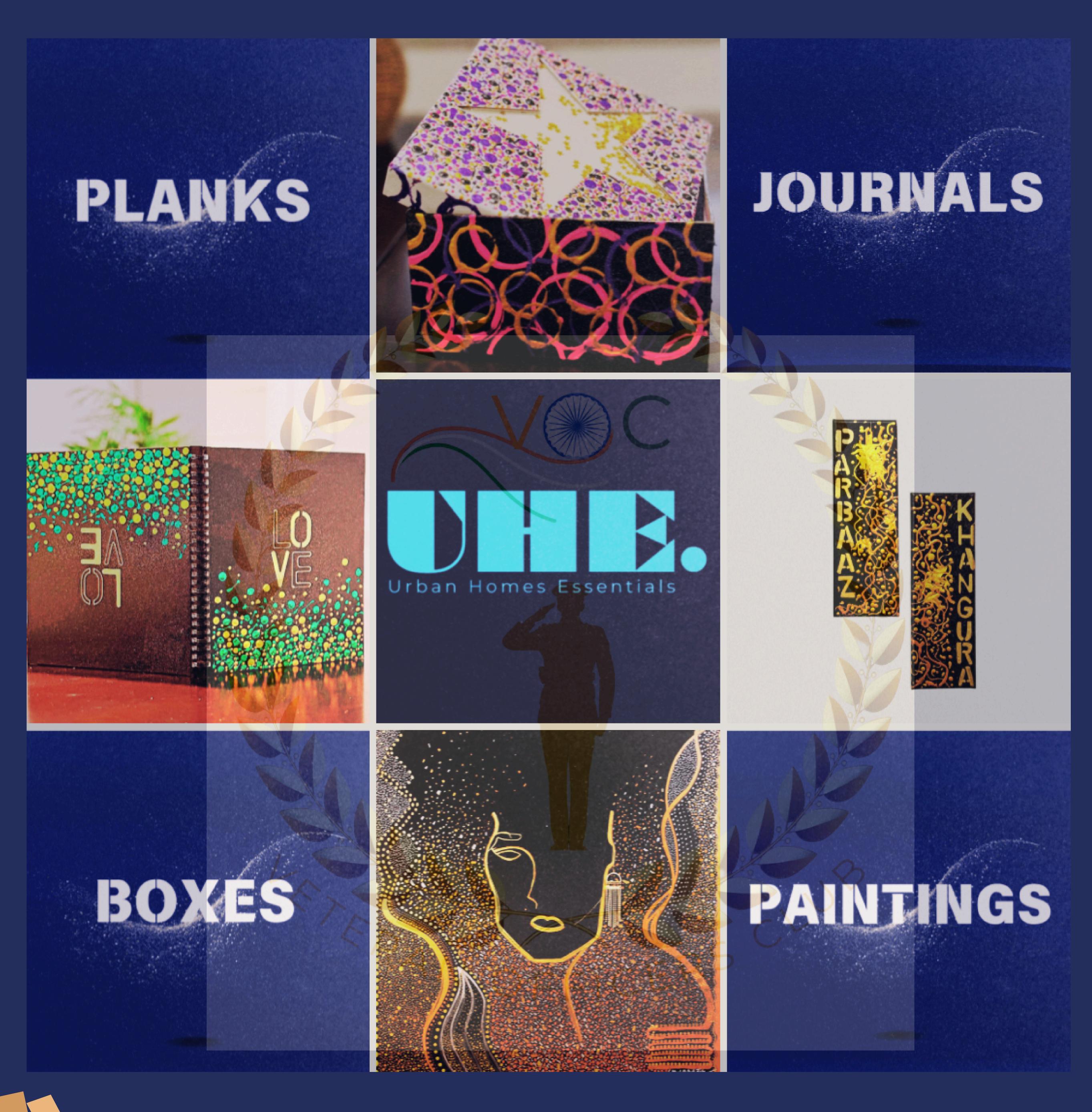
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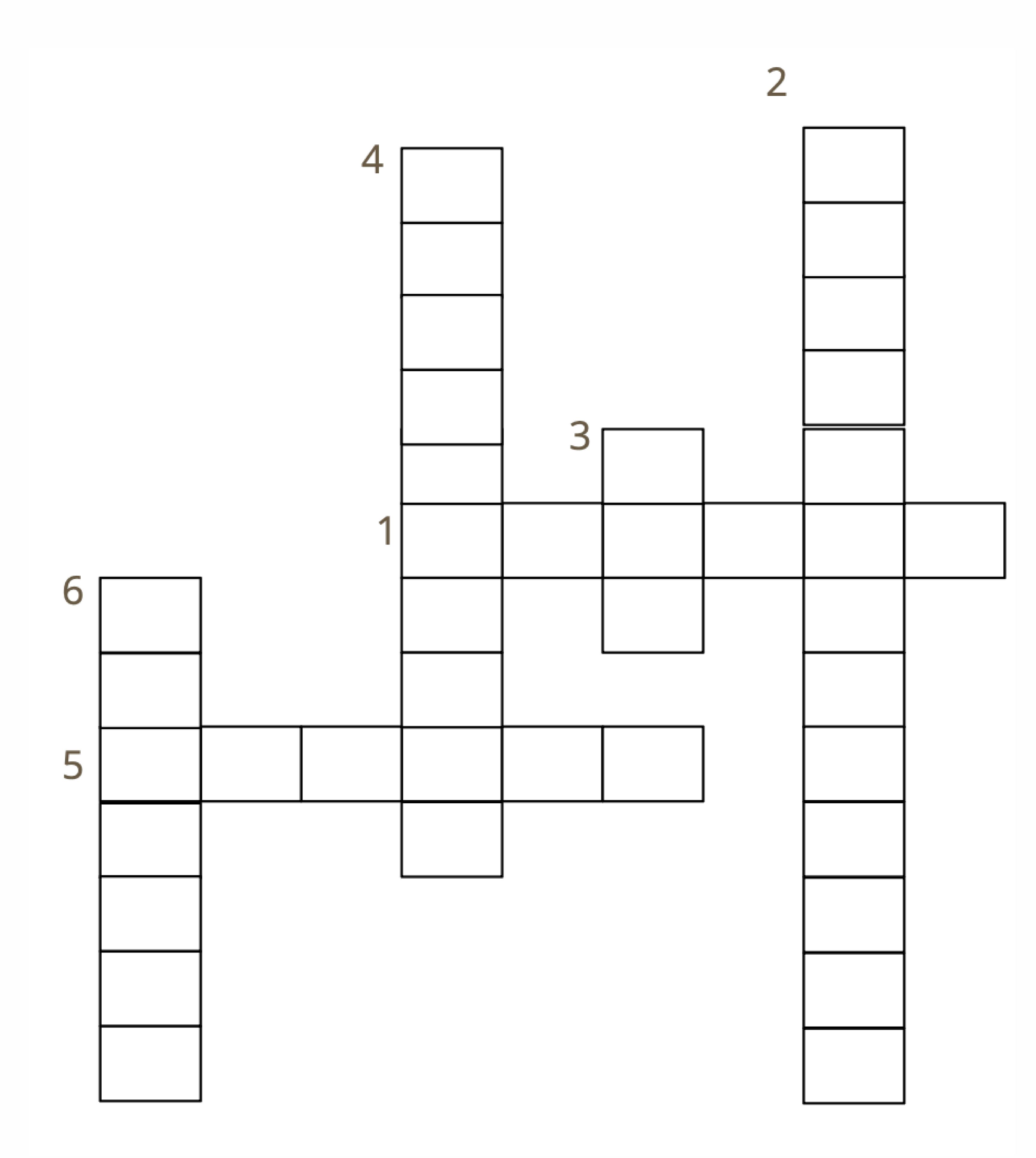
www.urbanhomesessentials.com

GAME CENTER!

Remember the joy of solving crossword puzzles on the back of a newspaper? Let's bring that magic back, every month! Solve the puzzle, send in your answers on the Members' WhatsApp group, and stay tuned—next month, we reveal the winner who cracked it the fastest and got it all right. Yes, there's a prize waiting! So flex those brain cells and let the games begin!

Theme: Bollywood

- 1. Two best friends, one tricky coin—always heads, never tails. A bond of loyalty, but who was really making the calls?
- 2. A missing bride, a ticket mix-up, and a journey of self-discovery—who knew getting lost could lead to finding oneself?
- 3. The chase is on, but who is chasing whom? When the hunter becomes the hunted, only one thing is certain- somethings are mushkil, some others namumkin!
- 4. A brilliant doctor, a broken heart, and a self-destructive path—love or obsession, where does one draw the line?
- 5. A father, his dream, and two daughters in the akhada—when the world doubted them, they wrestled their way to glory!
- 6. Three friends, one strict college, and a genius who disappears—chasing success or chasing excellence, what truly matters? Sab kuch theek hai.... Sab kuch theek hai....



See you next Until Then. stay sharp and don't forget to send ws your crossword and sweets!